

KINESIOLOGY, BS

Course Sequencing

EC-12 Physical Education Certification

First Year

Fall		Hours
UNIV 1101	University Seminar I	1
ENGL 1301	Writing and Rhetoric I	3
POLS 2306	State and Local Government	3
MATH 1314	College Algebra	3
ARTS 1301	Art and Society (or from Core List)	3
KINE 2313	Foundations of Kinesiology	3
Hours		16

Spring

UNIV 1102	University Seminar II	1
COMM 1311	Foundation of Communication	3
HIST 1301	U.S. History to 1865	3
KINE 2325	Physiological Aspects of Kinesiology	3
KINE 2375	Nutrition for Human Performance	3
KINE 1110	Individual/Dual/Lifetime Sports	1
EDUC 1354	Child Growth and Development	3
Hours		17

Second Year

Fall		Hours
Life & Physical Science Core Requirement		3
POLS 2305	U.S. Government and Politics	3
KINE 2317	Re-inventing Games	3
University Core Curriculum		3
ENGL 2316	Literature and Culture	3
or ENGL 2332	or Literature of the Western World: From the Classics to the Renaissance	
or ENGL 2333	or Literature of the Western World: From the Enlightenment to the Present	
Hours		15

Spring

Life & Physical Science Core Requirement		3
University Core Curriculum		3
HIST 1302	U.S. History Since 1865	3
KINE 3338	Motor Development/Motor Learning	3
SPECIAL EMPHASIS		3
EDUC 2211	Foundations of Education	2
Hours		17

Third Year

Fall		Hours
KINE 3339	Elementary Physical Education Programs	3
READ 3353	Content Area Reading for Secondary Students	3
or READ 3352	or Content Area Reading for Elementary Students	
EDUC 3211	Culturally and Linguistically Responsive Teaching	2
KINE 3337	Sport and Exercise Psychology	3

KINE 4325	Kinetic Anatomy	3
SPECIAL EMPHASIS		3

Hours 17

Spring

KINE 3341	Secondary Physical Education Programs	3
KINE 4311	Measurement and Evaluation	3
KINE 4339	Special Populations in Kinesiology	3
SPECIAL EMPHASIS		3
SPED 3310	Individual Differences in Schools and Communities	3

Hours 15

Summer

KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1

Hours 8

Fourth Year

Fall		Hours
SPECIAL EMPHASIS		3
SPECIAL EMPHASIS		3
EDUC 4305	Seminar I	3
IDET 3210	Design and Development of Technology-Integrated Learning Environments	2
BIEM 4357	Methods of Teaching English as a Second Language	3
Hours		14

Spring

EDUC 4694	Clinical Teaching	6
EDUC 4395	Seminar II	3

Hours 9

Total Hours 128

Exercise Science - Strength & Conditioning Specialization

First Year

Fall		Hours
UNIV 1101	University Seminar I	1
ENGL 1301	Writing and Rhetoric I	3
POLS 2306	State and Local Government	3
MATH 1442	Statistics for Life	4
University Core Curriculum		3
KINE 2313	Foundations of Kinesiology	3

Hours 17

Spring

UNIV 1102	University Seminar II	1
ENGL 1302	Writing and Rhetoric II	3
HIST 1301	U.S. History to 1865	3
BIOL 2401	Anatomy and Physiology I	4
KINE 2326	Essentials of Professional Fitness Training	3
KINE 2375	Nutrition for Human Performance	3

KINE 1106	Weight Training	1
Hours		18
Second Year		
Fall		
PSYC 2301	General Psychology	3
POLS 2305	U.S. Government and Politics	3
ENGL 2316	Literature and Culture	3
or ENGL 2332	or Literature of the Western World: From the Classics to the Renaissance	
or ENGL 2333	or Literature of the Western World: From the Enlightenment to the Present	
BIOL 2402	Anatomy and Physiology II	4
University Core Curriculum		3
Hours		16
Spring		
HIST 1302	U.S. History Since 1865	3
CHEM 1411	General Chemistry I	4
ARTS 1301	Art and Society	3
SMGT 2314	Introduction to Sport Management	3
KINE 2321	Resistance Training and Conditioning Lab	3
Hours		16
Third Year		
Fall		
KINE 3318	Prevention and Care of Athletic Injuries	3
KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
KINE 3343	Program Design in Strength and Conditioning	3
KINE 4325	Kinetic Anatomy	3
KINE 4329	Essentials of Strength and Conditioning I	3
Hours		16
Spring		
KINE 4311	Measurement and Evaluation	3
KINE 3320	Introduction to Therapeutic Interventions	3
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1
KINE 3337	Sport and Exercise Psychology	3
KINE 4330	Essentials of Strength and Conditioning II	3
Hours		16
Fourth Year		
Fall		
KINE 4339	Special Populations in Kinesiology	3
KINE 3338	Motor Development/Motor Learning	3
KINE 4340	Exercise Testing and Prescription	3
SMGT 3335	Legal Issues in Sport	3
Hours		12
Spring		
KINE 4693	Professional Field Experience I	6
KINE 4694	Professional Field Experience II	6
Hours		12
Total Hours		123

Pre-Allied Health Professional Specialization

First Year

Fall		Hours
UNIV 1101	University Seminar I	1
ENGL 1301	Writing and Rhetoric I	3
POLS 2306	State and Local Government	3
MATH 1442	Statistics for Life	4
KINE 2313	Foundations of Kinesiology	3
University Core Curriculum		3
Hours		17

Spring

UNIV 1102	University Seminar II	1
ENGL 1302	Writing and Rhetoric II	3
or COMM 1311	or Foundation of Communication	
HIST 1301	U.S. History to 1865	3
BIOL 2401	Anatomy and Physiology I	4
KINE 2326	Essentials of Professional Fitness Training	3
KINE 2375	Nutrition for Human Performance	3
Hours		17

Second Year

Fall

BIOL 2402	Anatomy and Physiology II	4
POLS 2305	U.S. Government and Politics	3
ENGL 2316	Literature and Culture	3
or ENGL 2332	or Literature of the Western World: From the Classics to the Renaissance	
or ENGL 2333	or Literature of the Western World: From the Enlightenment to the Present	
Special Foundations Elective		3-4
Special Foundations Elective		3-4
Hours		16-18

Spring

PSYC 2301	General Psychology	3
HIST 1302	U.S. History Since 1865	3
ARTS 1301	Art and Society	3
University Core Curriculum		3-4
Special Foundations Elective		3-4
Hours		15-17

Summer

KINE 4325	Kinetic Anatomy	3
KINE 3318	Prevention and Care of Athletic Injuries	3
Hours		6

Third Year

Fall

KINE 3320	Introduction to Therapeutic Interventions	3
SMGT 3335	Legal Issues in Sport	3
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1
Special Foundations Elective		3-4
Special Foundations Elective		3-4
Hours		16-18

Spring

KINE 3337	Sport and Exercise Psychology	3
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KINE 3338	Motor Development/Motor Learning	3
KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
Special Foundations Elective		3-4
Special Foundations Elective		3-4
Hours		16-18
Fourth Year		
Fall		
KINE 4311	Measurement and Evaluation	3
KINE 4339	Special Populations in Kinesiology	3
KINE 4340	Exercise Testing and Prescription	3
Special Foundations Elective		3-4
Hours		12-13
Spring		
KINE 4693	Professional Field Experience I	6
KINE 4694	Professional Field Experience II	6
Hours		12
Total Hours		127-136