# Health Education (HLTH)

**HLTH 2370  Introduction to Health**  
3 Semester Credit Hours (3 Lecture Hours)  
Concepts essential to understanding the health profession: competencies and career opportunities for professional health educators in school and community settings.

**HLTH 3342  Sexuality in Health Education**  
3 Semester Credit Hours (3 Lecture Hours)  
Many aspects of human sexuality; physiology and function of human reproductive system, factors involved in learning sex roles, biological and emotional motivations associated with the sexual aspects of life and their relationship to marriage and family planning.

**HLTH 3353  Substance Abuse and Health**  
3 Semester Credit Hours (3 Lecture Hours)  
A basic knowledge and understanding of the physiological, psychological, social, environmental and behavioral aspects of drug use and abuse in this country to prepare students to make mature and responsible decisions regarding drug use and to assist others in making similar decisions affecting drug-taking behavior.

**HLTH 3361  Consumer Health**  
3 Semester Credit Hours (3 Lecture Hours)  
This course is designed to provide general concepts, strategies and sources of information in selecting health products and services.

**HLTH 3371  Community and Environmental Health**  
3 Semester Credit Hours (3 Lecture Hours)  
An overview of the function, organization, and leadership of health agencies at the national, state, and local levels as well as the dimensions of health affected by our environment.

**HLTH 4308  Organization and Administration of Health**  
3 Semester Credit Hours (3 Lecture Hours)  
Theory and practice in the development and use of creative and traditional health education strategies in schools, community settings; emphasis is given to cognitive, affective and behavioral teaching strategies.

**HLTH 4310  Exercise and Health**  
3 Semester Credit Hours (3 Lecture Hours)  
Interdisciplinary planning and implementation of exercise programs in school, community and worksite settings; applied exercise physiology, nonclinical exercise assessment; exercise-education strategies to promote adherence in health related exercise programs.

**HLTH 4325  Program Development and Evaluation**  
3 Semester Credit Hours (3 Lecture Hours)  
Theory and practice in evaluation of health programs in school and community; analysis of test results; evaluation of standardized health tests.

**HLTH 4350  Creative Life Styles for Wellness**  
3 Semester Credit Hours (3 Lecture Hours)  
A course supporting knowledge, attitudes, skills, and behaviors in the five wellness dimensions physical, social, emotional, intellectual, and environmental. Special emphasis will be placed on personal enrichment.

**HLTH 4696  Directed Individual Study**  
1-6 Semester Credit Hours  
May be repeated for credit when the topic varies.